

HANDOUT: RESOURCES ON BULLYING

National PTA (www.pta.org)

National PTA's website, www.pta.org, offers a number of articles and resources on the topic of bullying. Visit the Parent Resources section for the following:

- "Understanding Bullying" by Tara L. Kuther, Ph.D., associate professor of psychology at Western Connecticut State University and author of *Gimme Your Lunch Money: A Guide to Bullies and Bullying* (Parent's Guide Press, 2003).
- "How to Know if Your Child Is the Victim of Bullying" by Tara L. Kuther
- "Identifying Bullying" by Tara L. Kuther
- "Life After Bullying" by Mark Brown, a youth motivational speaker who talks to young people about the harmful effects of bullying
- "The Newest Breed of Bully, the Cyberbully" by Charlene Giannetti and Margaret Sagarese, coauthors of several books for parents of young adolescents, including *The Roller-Coaster Years: Raising Your Child Through the Maddening Yet Magical Middle School Years*; *Cliques: 8 Steps to Help Your Child Survive the Social Jungle*; and *What Are You Doing In There? Balancing Your Need to Know with Your Adolescent's Need to Grow*.
- "Helping Children Deal with a School Bully," by National PTA

Other Sources

- **Office of Juvenile Justice and Delinquency Prevention**
Addressing the Problem of Juvenile Bullying
www.ncjrs.org/pdffiles1/ojjdp/fs200127.pdf
- **National Crime Prevention Council**
Are We Safe? The 2000 National Crime Prevention Survey
www.ncpc.org/ncpc/ncpc/?pg=2088-5642
- **U.S. Centers for Disease Control and Prevention and other federal agencies**
National Youth Violence Prevention Resource Center
www.safeyouth.org/scripts/teens/bullying.asp
- **U.S. Department of Health and Human Services**
Stop Bullying Now website
<http://stopbullyingnow.hrsa.gov/index.asp>
- **Anti-Defamation League**
Words that Heal: Using Children's Literature to Address Bullying
www.adl.org/education/curriculum_connections/winter_2005