

HANDOUT: WHAT YOU CAN DO AT HOME TO PREVENT BULLYING

Talk with your child about bullying:

- Does he or she see children in the class being bullied?
- What types of bullying are taking place?
- How does that make your child feel?

This conversation should be part of an on-going discussion with your child about all aspects of his or her school experience.

Because school bullies learn to hide their behavior from authority figures, parents will often know about bullying before the teacher. You may also notice tendencies in your child indicating that he or she could be bullying other children. If your child sees nothing wrong with intimidating another child, either physically or verbally, this should raise a red flag.

Whenever you suspect that your child may be the perpetrator or the victim of bullying, don't hesitate to meet with the school's counselor and with your child's teacher.